

#### **NAVY DRUG WORKING GROUP**



# ZERO TOLERANCE IT'S NOT JUST ANOTHER PROGRAM

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#### Illegal Drug Use Impacts Us All





- Illegal drug use adversely affects:
  - Our security
  - Our readiness
  - Our morale
  - Our future



# Why Did We Need Zero Tolerance?



- □ May 26, 1981 USS Nimitz Accident
  - 7 planes destroyed
  - 11 planes damaged
  - 14 personnel killed
  - 48 personnel injured
  - \$150 Million in damage (1981 dollars)



- Board of Inquiry Report found 6 killed showed traces of THC
  - No proven causal linkage to drugs
  - External high drug usage in society
  - Cannot ignore drug presence in the Navy



# How Did We Get to Zero Tolerance?



QUESTION: To what extent were drugs being used use by Military Personnel within the past 30 days

Most reliable data source then available was 1980 DoD Survey of Health Related Behaviors Among Military Personnel

Year Army Navy Marines Air Force DoD 1981 30.7 33.7 37.7 14.5 27.6

We had to take action for our safety



### Navy's Two Pronged Approach to Eliminate Illicit Drug Use



Education and Training

□ Drug Testing



#### **Education was Essential**



- **■** Young Sailors didn't realize impact of drug use
  - on mission performance
  - situational awareness
  - critical response time
  - understanding and memory
- **□** Sailors were clueless about consequences
  - medical effects
  - legal/administrative
- **□** Supervisors were blind to signs of drug use
- Some leaders were unwilling to acknowledge drug problems in their Command/the Navy



### **Drug Testing was Essential**



- □ Urine Specimen collection needed to be be:
  - Random, frequent, and unannounced
  - Observed
  - Mandatory
  - Command supported
  - Constant
  - Forensically sound



### Effect of Navy Initiatives Against Drug Use Following Nimitz Accident



# A Dramatic Reduction in Percent of Service Members Using Drugs Within the Previous 30 Days

	Year	Army	Navy	Marines	Air Force	DoD
•	1980	30.7	33.7	37.7	14.5	27.6
	1982	26.2	16.2	20.6	11.9	19.0
	1985	11.5	10.3	9.9	4.5	8.9
	1988	6.9	5.4	4.0	2.1	4.8
	1992	3.9	4.0	5.6	1.2	3.4
	1995	4.0	3.6	3.6	1.0	3.0
	1998	4.5	1.8	3.3	1.2	2.7

Nimitz, May 1981

1997 MEPS and random testing





#### We Have Had Success



- Very few Navy personnel use illegal drugs
  - Only 0.6% of Navy personnel tested are positive for an illicit drug.
  - 1.8% of active duty personnel admitted to illicit drug use within the previous 30 days.\*



# Strategic Plan to Eliminate Drug Use in the Navy



- **□** Don't bring drug user in the Navy
- Use accession training to create a drug free expectation – the "should be"
- ADCO continues education and helps commands ensure "really is" in the Fleet matches "should be"
- ☐ Test randomly, often, and process users out quickly



### **Most Important**



# **Leadership and Commitment**

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### Why Have We Been Successful?

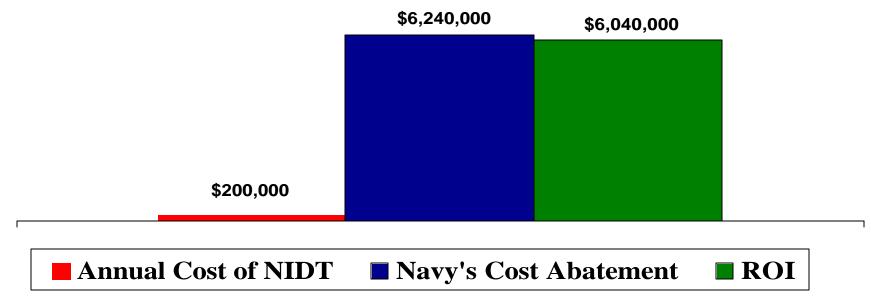


- □ A good program
- Dedication and Initiative
- **□** Line support and involvement
- **□** Technical Improvements
- ☐ Heightened Program Oversight



# FY-02\* Return on Investment for NIDT Program





**Source: ADMITS** 

\*FY-02 data projected based on first six months



# The Effect of Leadership: Ecstasy



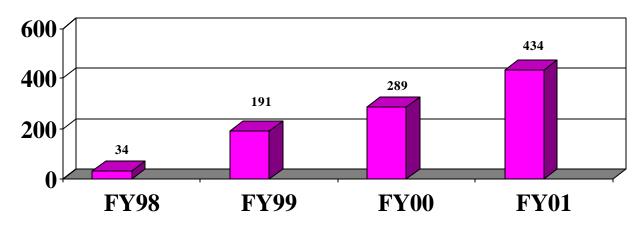
# VCNO was concerned over rise in level of Ecstasy drug use by Navy personnel



#### **Ecstasy Use Was Rising**



# Ecstasy use in the Navy rose nearly 1200% between 1998 and 2000



Number of Navy Personnel Identified Positive for Ecstasy (MDMA) by Urinalysis

• Navy Ecstasy users are mostly single males 18-25 years of age in ranks of E1 - E5.



# **Ecstasy Problem:**The Original Issues



- Concern about Sailor drug use had relaxed
  - Because MOST Sailors don't "do" drugs
- ☐ "The word was" Ecstasy wasn't harmless
  - Ecstasy causes a medical danger to our Sailors
- ☐ "The word was" Navy was not pursuing Zero Tolerance
  - 97.4 % of drug positive Sailors are discharged
- "The word was" Navy should give more second chances
  - Statistics show second chances are too often second drug uses
- **■** We weren't policing our own program
  - 25% of our commands were not in compliance



# **Ecstasy Working Group Was Created**



- BUPERS
- BUMED
- NCIS
- CHINFO
- **DCNO** (N3/5)
- OJAG
- NCIS
- CNET
- □ USMC



### **Ecstasy Action Plan**

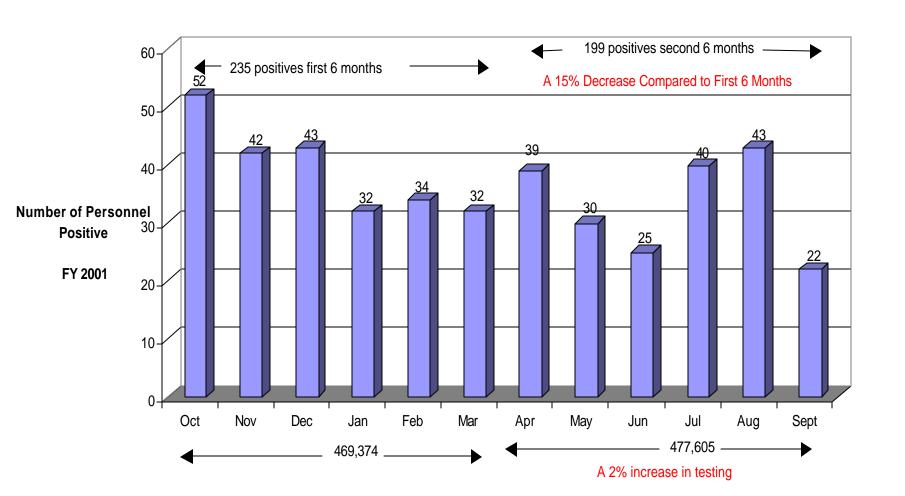


- Educate leadership on club drug/rave culture dangers
- ☐ Give Sailors factual reasons not to use club drugs
- □ Reaffirm zero tolerance policy
- □ Ensure anti-drug program is adequate to meet existing and emerging dangers



## Testing Went Up, Ecstasy Use Went Down



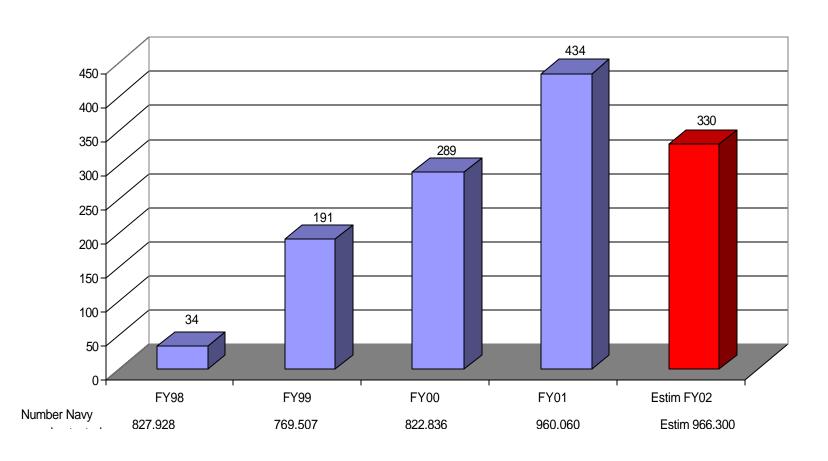




# **Ecstasy Use is Still Going Down**



#### Number of Navy Personnel Positive for Ecstasy (Designer Amphetamines)



#### **After One Year of Extra Focus**



#### Results

- 15% reduction in number of individuals identified for Ecstasy use in 2<sup>nd</sup> half FY01 despite 1.8% increase in drug testing during the same period
  - » 235 positives dropped to 199 positives
- 30% reduction in number of individuals identified for Ecstasy in first four months of FY02 when compared to first four months of FY01 despite 3% increase in drug testing during the same period
  - » 169 positives dropped to 111 positives
- Conjecture
  - If trend continues in FY 02, we could show a 23% reduction in Ecstasy use in FY 02.
- Fact
  - FY 01 is the first year to show any reduction in Ecstasy usage since we began testing in FY 98. There has been no equivalent reduction in the private sector.
  - Coordinated focus on the issue by all stakeholders and a strong media campaign has made a difference



### What made the difference?



- Getting the word our to Sailors and leadership
  - Danger to Health
    - » This drug can destroy your mind or kill you
  - Renewed emphasis on Zero Tolerance
    - » We will test
    - » You will get caught
    - » You will be discharged
  - There is an impact on your life after the Navy
    - » Loss of education benefits
    - » Loss of job opportunities
- **■** More testing, more randomization
  - » Increased testing *is* a deterrent



## Increased Education, Training and Attention



#### □ CNET

- Updates to Training Curriculum
- NROTC drug testing

#### □ PERS-6

- Website, Public Service Announcements
- Focus on monitoring statistics

#### **□** NAVMEDIA and CHINFO

- Training Video
- Wire Service Articles
- All Hands Magazine
- Ashore Magazine (Safety Center)
- MCPON Minute



# **Compliance with Drug Testing Requirements – PERS-6**



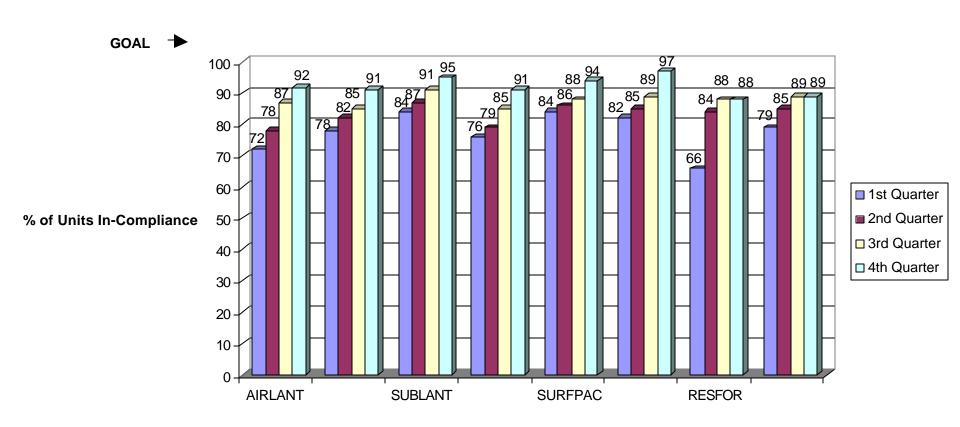
- Enforce minimal standards for testing.
- Give greater authority to increase testing to the Commands
- Establishes "Cultural Environments" encountered during "boot camp", "A" and "C" schools and maintains them in the Fleet



# The Effect of Monitoring Our Program



Percentage of Navy Units In-Compliance with Minimum Drug Testing Requirements for FY01





#### You Made a Difference



- **You** were responsible for providing the education and information within your Commands.
- **You** were responsible for ensuring compliance with minimum testing requirements.
- **You** were responsible for ensuring frequent random testing deter and detect drug use.
- **You** were required to provide leadership that drug use is not in YOUR Navy.



### **Command Accountability**

- □ Bravo Zulu to Commands that are proactive in deterring, detecting drug abuse and removing drug user from military service.
  - West Coast Carrier: A number of individuals arrested for drug distribution.
     Carrier had a good history of random drug testing. Commander and ADCO understand relationship to Force Protection.
- □ The "Boot" to Commands that are not in compliance with testing requirements.
  - VP Squadron where drug incident revealed a poor history of compliance with drug testing.



#### You Make the Difference



- You are on the "Front Line"
- You don't make a difference sitting in your office
- When you use your metrics and take action, drug use in the Navy goes down
- When you take your eye off the ball, drug use goes up



### Remember



Less than 2% of Navy personnel use drugs.

You have a chance to keep those numbers down and keep good Sailors in the Navy



### What's Next?

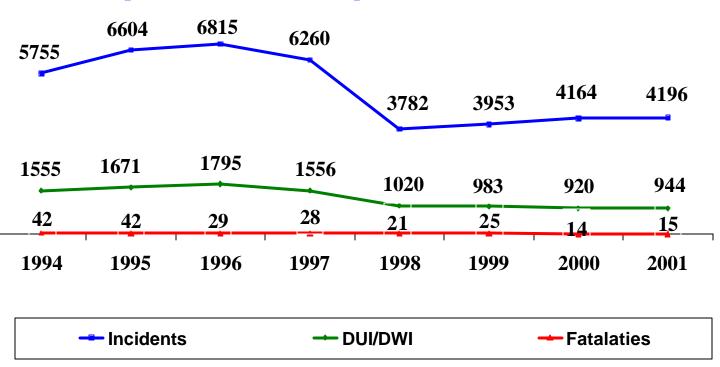
- **□ Specific Screening for Heroin Abuse:** (6-MAM) as alternative or adjunct to current opiates testing for codeine and morphine.
- LSD Confirmation Testing: Use of a longer-lived LSD metabolite. Request for authorization of alternative confirmation procedure is being prepared for DoD approval.
- □ Ketamine Prevalence Testing: Polydrug use vice single use.
- **□** Other Amphetamine Club Drugs
  - Paramethoxyamphetamine/Methamphetamine (PMA /PMMA)
- □ THE RIGHT SPIRIT alcohol is still the "drug of choice" what can YOU do to focus commands on problems of alcohol abuse?



### **Navy Alcohol Abuse Trends**



Flat or upward trend lines unacceptable – strive for downward metrics



Source: Incidents/DUI/DWI: ADMITS

**Fatalities: Navy Safety Center** 



# The Effect of Looking Ahead:



What are we going to do about it?



# OUR BOTTOM LINE IN DRUG EDUCATION:



# "Life is tough, but its tougher if you're stupid."

Sgt. Striker (John Wayne) in "The Sands of Iwo Jima"